# NURSE'S NOTES



Welcome back to the 2022-2023 school year!

In order for our children to remain healthy, the following procedures and guidelines must be adhered to by everyone. Hopefully the effects of normal germ sharing among children can be kept to a minimum and all of our students will remain as healthy as possible. Please keep in mind that we have medically fragile students on our campus and by adhering to the following guidelines, we can hopefully avoid unwanted hospitalizations for them as well. Please take the time to read and refer back to these guidelines throughout the year.

# **MEDICAL CARE:**

- The school clinic is available to assist with the medical/health needs of each student that occur **DURING** the school day.
- Please make sure that all illnesses/injuries that occur outside of school are taken care of at home.
- Students will not be allowed to go directly to the clinic upon arrival at school unless it's an emergency.

# **DISMISSAL FROM THE CLINIC:**

Students who become ill at school will be permitted to visit the clinic. In most cases your child will be allowed to rest for a while and then return to class. If your child must leave school due to an illness, you are responsible for transportation. If you are not available, the person you designated on your child's emergency contact information will be notified to pick them up. **Please be sure there is an alternate listed on your child's emergency information.** 

You will be notified to pick up your child from school if he/she exhibits the following symptoms:

- A fever of 100 degrees or higher
- A suspected contagious disease
- Vomiting
- Diarrhea
- An undetermined rash
- Being too ill to remain in school

Due to limited space in the clinic, your child needs to be picked up WITHIN 30 MINUTES.

To prevent exposing other students to disease, your child should <u>**not**</u> come to school if he/she has the following symptoms:

- Covid positive- please report case to the Wellness Screener on fortbendisd.com
- Vomiting or diarrhea the evening/morning before school
- An undetermined rash
- A fever of 100 degrees or above within the past 24 hours. Students must be fever free for 24 hours after the last dose of fever reducing medication has worn off (not from the time it's given-usually 6 hours after it is administered)
- If a student is prescribed an antibiotic, he/she must be on it for 24 hours before returning to school

#### **MEDICATIONS:**

Medications will be administered according to the following state/district guidelines:

All medications, including cough drops, must be kept in the clinic. Please do not send loose pills in a baggy or in your child's lunch box. All medications (prescriptions or over-the-counter) must be delivered and picked up by an adult. No medication will be sent home with your child. Medications that are prescribed once daily must be given at home. Vitamins, homeopathic medications, dietary supplements and medications purchased outside of the United States will not be administered at school. Medications must be in their original container.

## **ACCOMPANIED BY WRITTEN INSTRUCTIONS:**

Permission to administer medication at school forms may be found at https://www.fortbendisd.com/medicalforms. Prescription medication forms must be accompanied by a physician and parent/guardian signature.

Over-the-counter medications can only be given according to label directions for your child's age and weight unless accompanied by a physician's note. Please note that Extra Strength Tylenol and Regular Ibuprofen (Advil/Motrin) cannot be given without a note from your child's physician or dentist. If any medication has the potential to be administered two weeks, it must be accompanied by a physician's note. For your convenience, a note may be faxed to 281-327-4366

### **BIRTHDAY TREATS:**

Parents may bring cupcakes to share with the class to celebrate their child's birthday. Cupcakes must be purchased from a store and have a nutrition label. Please do NOT send baked goods with nuts. Treats will be distributed at the end of the day.

#### **SCREENINGS:**

Hearing, Vision, and Acanthosis Nigricans screenings will be done according to Texas state guidelines and you will be notified if your child has failed. However, if you suspect vision/hearing problems at any time, please bring it to our attention.

Thank you for sharing your children with us. We love each and every one of them. Please feel free to contact us with any questions or concerns.

Sincerely,

Mourell RN

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